

CELINA FOOTBALL LOCK-IN 2019

“EMBRACE THE GRIND”

Program Values

1. Brotherhood of Trust
2. Servitude
3. Empathy

Program Foundation = *Pride, Passion, Preparation, and Purpose*

Program Priorities

1. Family
2. Academics
3. Football

The Lock-In

When: May 31-June 1

Where: Capt. Building and Celina Stadium

Why: To build team cohesion, leadership, and to set the tone for 2019

The football team would like to do a **lock-in at the Capt Building May 31- June 1st**. Our kids would bring sleeping bags, air mattresses, etc to sleep throughout various parts of the Capt. Building. All 11 High School coaches would be present, and staying over the night.

The Purpose: to initiate the summer with team building activities, communicate our standards, provide a freshmen orientation, discuss leadership and conduct related activities to build leadership. Watch a movie (could we use the H.S. Lecture Hall?)

Setting the tone: We would like to conduct our first camp day practice at midnight at the game field. I am hoping this would be possible? June 1st is the first day we are permitted to have an organized team practice. We want to set the tone by having our first camp day begin at the very minute we are permitted to conduct a camp day.

Schedule

May 31

7:00- 8:00 Freshmen Orientation: Introduction of Coaches, Program Standards, Access Hudl Accounts, Locker Assignment, Offensive Overview, Defensive Overview.

8:00pm- All Players arrive (Brotherhood of Trust)

8:30pm- TEAM GOAL Discussion

9:00pm-Guest Speaker (Coach Harris)

9:30-pm Draft for Summer Competition Teams (Held in the H.S. Lecture Hall)

10:30pm-Brief Workout: Weight Room

11:00pm-Report to Celina Stadium (Competitive Team Activities)

June 1

12:00am Camp Day 1-Midnight Madness

6:30am Wake Up call

7:00 Marine workout (Track Field)

8:00am Closing Remarks